Designed to provide buoyancy and elongate swimmers' kicks.

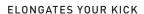
TECHNICAL / TRAINING FINS



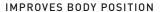


MAXIMUM FORWARD PROPULSION

Long blade provides resistance in the water for maximum forward propulsion



Teaches swimmers to kick from their hips and not their knees



Buoyancy from the fins lifts legs to the surface, reducing drag from the rest of the body

GREAT FOR ALL SKILL LEVELS

Appropriate for fitness and competitive swimmers to build cardiovascular conditioning

BUILDS LEG MUSCLE

Adds power to your kick and builds leg strength

NATURAL RUBBER

Provides a secure and comfortable fit

COLOR-CODED SIZES

Makes it easier to find the proper sized fins





PRODUCT DESCRIPTION

Long, hydrodynamic blade lifts legs for a more propulsive kick.
Added buoyancy reduces drag and builds leg strength. The closed heel design provides protection against hyperflexion of ankles and increases comfort. An ideal training fin for all ages and abilities.

COLOR WAYS & SIZING



LONG FLOATING FINS										
SIZE (CODE)	CHILD XXXXS (00)	CHILD XXXS (01)	CHILD XXS (02)	ADULT XS (03)	ADULT S (04)	ADULT M (05)	ADULT L (06)	ADULT XL (07)	ADULT XXL (08)	ADULT XXXL (09)
COLOR	Blue/Purple	Blue/Lime Green	Blue/Orange	Blue/Yellow	Red/Black	Red/Blue	Red/Grey	Black/Red	Black/Navy	Black/Dark Green
US MALE	Jr 6-8	Jr 8-11	Jr 11-1	1-3	3-5	5-7	7-9	9-11	11-13	13-14
US FEMALE	Jr 6-8	Jr 8-11	Jr 11-1	2-4	4-6	6-8	8-10	10-12	12-14	14-15
EURO	24-26	26-29	29-33	33-35	35-37	37-39	39-42	42-44	44-46	46-47

^{*}Recommended: users that are in between shoe sizes or have a wide foot should select one size up



