Designed for teenagers and adults to swim at a greater speed and depth.

KIDS / MONOFINS







Teaches young swimmers the undulation needed for a proper dolphin kick







Dolphin kicking activates 60% of your muscle mass, including core and lower body

NATURAL RUBBER

Provides a secure and comfortable fit

MULTIPLE FUNCTIONS

Can be used in pool, lake, or ocean









PRODUCT DESCRIPTION

Teaches younger swimmers the undulation needed for a proper dolphin kick while building leg strength and water confidence. The quick-release foot straps provide safety in the water.



DESIGNED IN CALIFORNIA

WAVE	
US MALE	1 - 7
US FEMALE	2-8
EURO	33-39